

## Supplementary material E

*Number of studies evaluating subcategories of interventions by MS subtype*

<b>Supplementary Table E1: Number of studies evaluating intervention subcategories by MS subtype</b>	
Intervention subcategory	Frequency
<i>RRMS (N=19)</i>	
Aerobic exercise	2
Balance exercise	1
Resistive exercise	3
Combined exercise	5
General exercise	4
CBT	1
Neurocognitive rehabilitation	4
Relaxation and biofeedback	2
Education or information	1
Physical rehabilitation	1
TAU	15
<i>PPMS (N=6)</i>	
Aerobic exercise	3
Resistive exercise	1
General exercise	3
CBT	1
TAU	3